



President's Report

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Hi Friends and Colleagues,

I am honored to serve as President of SAPA, and would like to start my first report with a thanks to all who contribute to our organization with their membership, donations (yes, people give more money than “required” amount!), time, and support. I attended my first SAPA event, one of the CE series luncheons, during my pre-doctoral internship year (2004-5). I still distinctly remember the impression the event made. Frankly, I was in awe of the culture; of witnessing psychologists, who were actually practicing in the community (i.e. non-faculty and/or clinical supervisors) continuing the intellectual journey that I had assumed ended with one’s degree. I was pleasantly surprised by the humor, curiosity, and general happiness that I felt in the room that day, and as a young psychologist –in-training, was both heartened by my career choice and excited to become a full SAPA member.

To be honest, I have not been actively involved in SAPA for very long (this is my second year on the board), and I’m still often impressed by how much SAPA does: CE events, a beau-

tiful website (visit it if you haven’t yet at www.sapaonline.org), providing a community and forum to psychologists (and students), and the list goes on. I was especially struck by the sense of community after the “Tragedy of Tucson,” when SAPA coordinated a flow of emails and phone calls which essentially asked, “What can I/we do to help?” While the events in January rightfully have many negative words associated with them (tragic, heartbreaking, etc.), I saw a silver lining in seeing how quickly the Tucson community, as well as our local psychologist community, reached out to provide support and help to those in need.

To further this sense of community, SAPA has some exciting events scheduled for 2011. Of course, there is our spring and fall CE luncheon series and professional outreach meetings. We also held a CE event on April 1st for those of us (myself included) who had yet to complete the Domestic Violence/Child Abuse and Ethics training hours required for licensure renewal. Lastly, due to a slow, but steady decrease in SAPA’s membership numbers over the last several



years, we will be sending an electronic survey to members, with the hopes that they can forward the survey on to at least one *non-SAPA* psychologist, to inquire about potential changes that would lure psychologists back to our community. If you have any questions about these activities, please do not hesitate to contact me, or anyone on the SAPA board, we would welcome your ideas. Lastly, please consider volunteering for SAPA in the future; it is fun and rewarding, and provides CE’s!

I hope everyone has a happy and healthy “spring” (I’m sorry, I’m from New Hampshire and what occurs in Tucson and its surrounded areas is anything but a real spring).

Mayday Levine, Psy.D.

CONGRATULATIONS TO SAPA’s 2010 Peter Attarian Award Recipient, Laura Schnaps, Ph.D.

SAPA Board & Committee Chair Tasks

The President is the highest executive officer of the Association and is authorized to administer all affairs of the Association as set forth in the Bylaws. The President shall automatically accede to the Presidency after having served one year as President-Elect. Upon serving one year as President, the Officer shall automatically accede to the Office of Past President for a one year term. These

transitions occur during the annual business meeting. Presidential responsibilities include:

- make and approve financial expenditures on behalf of the Association,
- in collaboration with the Executive Committee, is authorized to create and disband other committees,
- call meetings of the Executive Committee (at least 6/year), the member-

ship as a whole, or any other existing Committees,

- serve as ex-officio member of all appointed Committees,
- serve as Chairperson of all regular and special meetings of the Association,
- perform all the above functions and duties in consultation with the Executive Committee.

The President-Elect serves as a member of the Executive Committee of the SAPA Board. The President-Elect shall fulfill all the duties of the President in the event of the President's absence, illness, disability, or resignation. The President-Elect shall conduct a review of the financial records of the Association during the first sixty (60) days following the assumption of office. The President-Elect shall also undertake any duties assigned by the President.

The Past President serves as a member of the Executive Committee of the SAPA Board, and serves as an advisor and resource to the current President as requested. During the Fall, the Past President serves as the chair of the ad hoc Nominating Committee and is charged with constituting and convening the committee and identifying a slate of proposed officers for the upcoming year.

The job of SAPA Secretary

is primarily to document the activities/discussions during the board meetings. The secretary then sends out the minutes of the meeting to the rest of the attendees and modifies as necessary. Occasionally the secretary creates other documents as needed and now archives them in a central location (Google docs). Also sends and tabulates email votes during the yearly elections.

Treasurer – The Treasurer shall be responsible for the receipt, deposit, disposal, and withdrawal of all funds of the Association consistent with the Bylaws or as directed by the President and/or the Executive Committee. This officer shall be responsible for the collection of all dues, fees, assessments, fines, etc. levied by the Association upon the members. The Treasurer shall publish regularly in the Association newsletter a financial report and shall make arrangements for an annual review of the Association's financial records by the President-Elect.

The CE Chair coordinates the efforts of the CE Program Committee provides opportunities for SAPA members to obtain CE credits and to gather as a professional community in a friendly atmosphere conducive to educational enhancement. The committee currently has six members, in alphabetical order, John (Jac) Carlson, Lisa Coyner, Paul Dukro, Ken Marsh, Pat Strasberg, and Sandi Thompson. It is the responsibility of this committee to plan SAPA's luncheon meetings, SAPA-sponsored workshop/seminars, the annual SAPA holiday party, and community outreach efforts by other SAPA committees on request. The Committee arranges for speakers, finds venues, makes food arrangements, and develops advertising/brochures. Every five years the CE committee completes an application to APA to maintain SAPA as a Sponsor of Continuing Education for Psychologists.

“The experience of serving on the board is stimulating and you interact with a friendly, supportive group of colleagues. This is a particularly good way to get to know your colleagues and for them to get to know you.”

Mayday Levine-Mata
SAPA President

SAPA's Communications Policy

ADVERTISEMENTS

SAPA accepts and prints advertisements that are informative and relevant for the membership following review by the Communications Editor.

ANNOUNCEMENTS & NOTIFICATIONS

SAPA members may use the on-line listserv for announcements that are informative and relevant for the membership (such as CE events, workshops, seminars, guest speakers, etc.). There is no charge for general announcements/notifications, which can be placed using the address: sloose@canyonranch.com.

PRICES FOR ADVERTISING	Members	Non-Members
3 Month Ad on SAPA's Website	\$ 60.00	\$ 75.00
Email Sent to Tucson Psychologists	\$ free	\$ 5.00
Newsletter Business Card Ad	\$ 15.00	\$ 30.00
Newsletter 1/4 Page Ad	\$ 20.00	\$ 40.00
Newsletter 1/2 Page Ad	\$ 40.00	\$ 80.00
Newsletter Full-Page Ad	\$ 80.00	\$ 160.00

Receive 15% off for combined Website & Newsletter Ads

SAPA Board & Committee Chair Tasks cont.

The School Psychology Chair coordinates the efforts of the School Psychology committee, which serves to support the local school psychology community in conjunction with the goals and objectives of SAPA. The Committee meets regularly to discuss relevant issues and to share these issues with other psychologist. The Committee also plans CE events that are relevant to the specific needs of school psychologists.

The Membership Chair is responsible for managing SAPA's membership. Specifically, the Membership Chair manages new member applications as well as renewals. An additional duty

for the Membership Chair is to recruit and market with the hope of adding new members. An optional but desirable and enjoyable duty is for the Membership Chair to coordinate a "welcome" lunch or coffee with the acting president, Membership Chair, and new member.

The Communications Chair is primarily responsible for overseeing the website communications and makes decisions regarding the content of the site. The communications chair will serve as a discussion board moderator, monitoring the appropriateness of posts and deleting old information. The chair communicates regularly with the adminis-

trative assistant regarding the updating of the website. Questions sent to the administrative assistant that require a response by a psychologist/board member will be addressed.

The Academic Affairs committee chair notifies U of A graduate students & psychology interns about SAPA events & opportunities. In addition, the chair coordinates and organizes events for the SAPA membership and U of A graduate students, Tucson interns, and Professors including the annual Intern Reception and the bi-annual Back-To-School event.

Please consider running for office in the Fall or nominating someone you think would be interested in serving.

SAPA's Annual Dinner & Holiday Party



Announcing the Peter Attarian Award Recipient



Introductions



Duffy & Suzanne, our gracious host & hostess



Congratulations Laura!!!



Past & Future Presidents



**2010 Peter Attarian Award Recipient:
Laura Schnaps, Ph.D.**



More Introductions



Julie Feldman, Shirley Loose & Jac Carlson



Joan our Piano Player



Necoe Otto-Parkinson and baby makes three.



Having Fun!

SAPA 2011 Board & Committee Chairs

2011 Executive Board

President	Mayday Levine-Mata, Psy.D.
President Elect	Holly Jindrick, Psy.D.
Secretary	Alana Wyatt, Ph.D.
Treasurer	Marie Davila-Woolsey, Ph.D.
Past-President	Sandra Gallagher, Ph.D.
Communications Chair	Roxana Samaniego, Ph.D.
Membership Co-Chairs	Scott Goldman, Ph.D. Sarah Haug, Psy.D.
Members at Large	Rick Hinton, Ph.D. Patricia 'Pat' Strasberg, Ed.D., ABPP Gustavo Perez, Ph.D. Richard Muszynski, Ph.D.



2011 Committee Chairs

Academic Psychology	Julie Feldman, Ph.D.
AzPA Liaison	Sean Flynn, Ph.D.
Communication Editor	Roxana Samaniego, Ph.D. Patricia 'Pat' Strasberg, Ed.D., ABPP
Co-Chair CE Programs	John 'Jac' Carlson, Ph.D.
Professional Outreach	Laura Schnaps, Ph.D.
School Psychology	Elizabeth David, Ph.D.

Getting to Know You...

Marie Davila-Woolsey, Ph.D., is a licensed clinical psychologist and Associate Director of Residential Services at La Frontera Arizona. She oversees three residential sites, Casa Alegre, a short-term step-down from level 1, The Ranch, a long-term level II program for serious mentally ill diagnoses, specializing in equine and animal assisted therapy, and Casa de Vida, a long-term 53-bed residential program for co-occurring disorders.

Marie completed her doctoral degree at The George

Washington University, Washington, D.C. She has been working in the community mental health field for 10 years, and has experience working in other various settings including: psychology assessment practice, an international executive behavioral assessment firm, and private practice. Therapeutic modalities include crisis intervention, short-term Solution-Focused therapy, Cognitive Behavioral Therapy, Seeking Safety, and Motivational Interviewing. Marie is a current faculty member for SAPIC, as well as Treasure for SAPA.

Marie received her doctorate degree fairly recently, in 2007. Her personal history includes long distance running. She completed several half-marathons and two marathons. Her other interests include art photography and traveling with her husband. She was born in Salzburg, Austria, so she travels yearly to see her mother. She has two grown sons, two granddaughters and a big German shepherd, named Maggie May.

Continuing Education Committee Report



Arrive early to the April 19 CE Luncheon to see the Social Behavioral Science category winners of the 2011 Southern Arizona Regional Science and Engineering Fair.

The CE Committee continues to meet nearly every month primarily to handle the luncheon series of speakers. We are booked now through the spring of 2012 and have ideas for the subsequent fall, 2012, series. This may sound a bit OCD but we have so many requirements to fulfill for APA, in order to maintain our ability to provide CE credits, that we have to be way ahead of the curve. Remember, we always welcome your suggestions for speakers, including yourself, as the case may be.

In addition, lately the Committee assisted Mayday in her efforts to put on the well-received DV and Ethics Workshop on April 1. Moreover, as you may be aware, SAPA sometimes co-sponsors meetings within or outside of Tucson that request our support in providing CE credits. Recently, formal applications for two conferences in Flagstaff were

approved: *Making the Connection: Women's Emotional Health Across the Lifespan* and *Perinatal Mood & Anxiety Disorders: Assessment & Treatment*. Besides providing educational experiences for our colleagues in Tucson and beyond, such events help bring in funds to supplement our treasury and support other worthy SAPA activities.

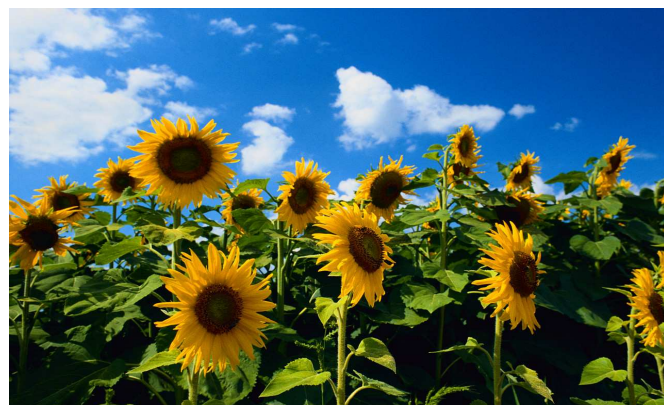
Back to the luncheon series, for reasons unrelated to our program and speakers, attendance at the lunches has been down a bit this spring. We think that the problem has been addressed, but in any event this is a reminder that our next two CE luncheons are: *Understanding the Complexities Involved in Being a Family Caregiver*, by Anne Morrison (April 19), and *Chronic Pain: Recent Research and When to Refer to a Specialist*, by Cela Archambault (May 17). Both talks meet our usual high standards and should

be of great interest to many of you.

On a bit of a sad note, Maxine Ijams, our venerable hostess and attendance taker at the CE luncheons has asked to be relieved of the duty after many years of diligent volunteering. As a result, you will likely see CE Committee members doing double duty beginning in the fall, with attendance taking and such—please be patient as we develop the related skills that Maxine has provided so ably. She will be sorely missed, but we wish her well as she pursues her next “career.”

Thanks, too, to all of you in giving us your ideas, your support through attendance at CE events, and your positive feedback on the ubiquitous evaluation forms.

By John G. (Jac) Carlson, PhD

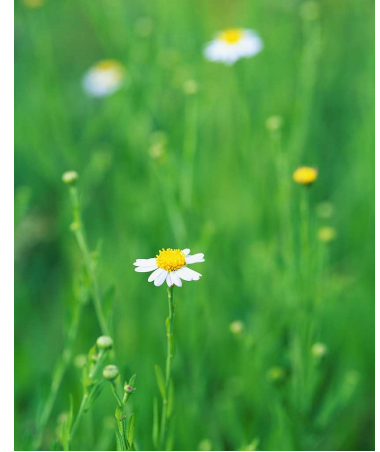


in Just-
by: e.e. cummings (1894-1962)
 in Just-
 spring when the world is mud-luscious the little
 lame balloon man whistles far and wee

and eddie and bill come running from marbles and
 piracies and it's spring when the world is puddle-wonderful

the queer old balloon man whistles far and wee
 and betty and isbel come dancing from hop-scotch and jump-rope

and it's spring and the goat-footed balloon man whistles
 far and wee



Membership Committee Report

Greetings to all,

We would like to introduce Sarah Haug, the new SAPA Membership Committee Co-Chair serving alongside Scott Goldman, who has been Membership Committee chair over the past year. We continue to strive to attain our SAPA membership goals, as well as communicate the benefits of SAPA to the Southern Arizona psychology community.

We are excited to report that we have members who have renewed over the past year, which is encouraging considering recent changes such as the new fiscal year and the transition to the online membership renewal and

payment option. Thank you for bearing with us as we continue to refine and improve this process. Like most “under construction” events, we know you will be pleased with the changes once they are completed.

Finally, although membership numbers are over 100, we believe there are many more psychologists in Southern Arizona who would enjoy the benefits of SAPA membership. If you know of any psychologists who may be interested in participating in SAPA events and training or are interested in the networking opportunities provided through SAPA, please encourage them to join our organization. They can join online at sa-

paonline.org.

Remember, dues are the lifeblood of SAPA and with more members we can continue to expand our programs and activities. Please feel free to refer prospective members to Sarah Haug or Scott Goldman with any membership questions. Sarah can be reached at 520-743-6769 or via e-mail at skhaug@yahoo.com; and Scott can be reached via e-mail at goldman@arizona.edu.

All the best,

Sarah Haug, Psy.D.

Scott Goldman, Ph.D.

Fiesta de la Psicología

Location: Hilton El Conquistador, 10000 N. Oracle Road, Tucson AZ 85737

Time: 4:00—11:00pm

This is a festive event for psychologists, significant others and colleagues throughout Arizona to benefit the Arizona Psychological Foundation.

4:00-6:00pm — Psychology at the Movies: Larry Cohen, Ph.D., J.D. 2 CE credits are available (Category I). Cost is \$45 for Psychologists and other mental health professionals, free to all others.

6:00-7:00pm — Joint SAPA/AzPA meeting: Please come to the joint meeting to discuss issues in common to both organization. This is FREE for SAPA members, and you can attend this event even if you aren't attending the other events.

7:00-11:00pm — Fiesta Fun, Dinner, Music and Salsa Dancing Lessons: Dress is fun casual. There will be a 50/50 cash raffle. Cost is \$80 per person.

Cost for both events is \$125

Register online at www.azpa.org/displayemailforms.cfm?emailformnbr=136561

Southern Arizona Psychological Association

Mayday Levine-Mata
SAPA President
La Frontera
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Tucson, AZ 85713

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